

You have been prescribed



STORING VIVOTIF®

Keep your pack of capsules in the refrigerator between 2-8 °C.
DO NOT FREEZE^{1,2}


HOW TO TAKE VIVOTIF®

Take 3 capsules over 5 days¹



Day 1
1 Capsule

Day 3
1 Capsule



Day 5
1 Capsule

Swallow each Vivotif® capsule whole with a glass of cold or lukewarm water (max 37 °C), one hour before a meal.

DO NOT CHEW²

In addition to taking Vivotif®
Follow the below advice to help prevent
contracting typhoid while travelling.

Only drink
bottled or
purified
water^{3,4}



Eat only
cooked,
boiled
or peeled
food^{3,4}

Avoid raw
food, cold
seafood &
meats,
salads &
unpasteurised
dairy^{3,4}



Regularly
wash your
hands with
soap or
hand
sanitiser^{3,4}

Avoid
drinks that
may contain
untreated
ice³



For further information on typhoid disease and
typhoid prevention go to:
healthdirect.gov.au/typhoid-and-paratyphoid

**Please consult your prescribing healthcare
professional if you have any questions about
Vivotif, or for more information on the product.**

REFERENCES ¹PI- Vivotif (Prescribing Information). Epping, NSW, Australia: Emergent Travel Health; 2023, ²Vivotif (Consumer Medicine Information). Epping, NSW, Australia: Emergent Travel Health; 2023, ³Communicable Diseases Network [Internet]. Australia: Typhoid and Paratyphoid Fevers CDNA National Guidelines for Public Health Units; 2017 [Released 2017 March]. Available from [https://www1.health.gov.au/internet/main/publishing.nsf/Content/9D1592F-DC08E69B6CA2580E3008211B2/\\$File/Typhoid-Paratyphoid-SoNG.pdf](https://www1.health.gov.au/internet/main/publishing.nsf/Content/9D1592F-DC08E69B6CA2580E3008211B2/$File/Typhoid-Paratyphoid-SoNG.pdf), ⁴Health Direct [Internet]. Government of Western Australia, 2019; Australian Family Physician, 2010; Mayo Clinic, 2019 [cited 2019 April]. Available from: <https://www.healthdirect.gov.au/typhoid-and-paratyphoid>

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